

Instructions for Use. 05/02/20

OraWize+ (OW) is an multi-use oral rinse solution for professional and patient use. It can be used as part of a patient's daily oral hygiene regime as well as to prevent infection after treatment such as an extraction or implant placement.

Using OW

- √ No need to change your technique
- √ Use standard irrigating syringes and irrigating needles
- √ Compatible with current endodontic materials, equipment and techniques.
- √ Compatible with periodontal techniques and materials.
- √ Compatible with ultrasonic, endosonic or positive pressure irrigating devices

Endodontic protocol:

- 1. Isolate the tooth in the normal manner, ideally with a rubber dam.
- 2. Access pulp chamber in normal manner.
- 3. **OW** can be used with any endodontic syringe.
- 4. Copious irrigation of pulp chamber will aid the location of canals.
- 5. Shape canals with your usual technique **OW** is most effective if the canal is irrigated after every instrument.
- 6. To further enhance **OW**, once the canal is shaped, rinse with EDTA for 30 seconds followed by a final flush with **OW** for 30 seconds.
- 7. Fill the canal with our preferred inter-visit dressing or permanent obturation method. **OW** is compatible with endodontic materials, instruments and techniques.

Periodontal protocol:

1. Daily mouth wash (alcohol and chlorhexidine free)

- a) Use 20ml of mouthwash undiluted
- b) Rinse or gargle for 30 seconds then expel.
- c) Use up to three times a day or as directed by your dentist or health professional.

2. Pre-treatment rinse:

- a) Use 20ml of mouthwash undiluted immediately before scaling, root planing or surgical procedures such as implant placement.
- b) Rinse or gargle for 30 seconds, then expel.

3. Periodontal irrigant:

- a) **OW** can be used with any irrigating needles side vented or multi-vented needles are preferred to hypodermic type needles.
- b) Rinse the pocket / surgical site copiously throughout non-surgical or surgical treatment.
- c) Rinse **OW** can be added to the water bottle of ultrasonic or sonic cleaning devices.

4. Post treatment rinse:

- a) Follow your Dentist's or Hygienist's post operative instructions
- b) Start using the rinse 24 hours after surgery
- c) Use 20mls of OW undiluted
- d) Rinse or gargle for 30 seconds, then expel.
- e) Use up to three times a day or as directed by your doctor, dentist or health professional.

Implant protocol:

1. Daily mouth wash (alcohol and chlorhexidine free)

- a) Use 20ml of mouthwash undiluted
- b) Rinse or gargle for 30 seconds, then expel.
- c) Use up to three times a day or as directed by your dentist or health professional.

2. Pre-treatment rinse:

- a) Use 20ml of mouthwash undiluted immediately before surgical procedures such as implant placement or second stage surgery.
- b) Rinse or gargle for 30 seconds, then expel.

3. Peri-implant irrigant:

- a) **OW** can be used with any irrigating needles side vented or multi-vented needles are preferred to hypodermic type needles.
- b) Rinse the pocket / surgical site copiously throughout non-surgical or surgical treatment.
- c) Rinse **OW** can be added to the water bottle of ultrasonic or sonic cleaning devices.

4. Post-treatment rinse:

- a) Follow your Dentist's or Hygienist's post operative instructions
- b) Start using the rinse 24 hours after implant placement.
- c) Use 20mls of **OW** undiluted
- d) Rinse or gargle for 30 seconds, then expel.
- e) Use up to three times a day or as directed by your dentist or health professional.

For further details contact <u>technical@cleancert-</u> hygiene.co.uk